## Join the Ashes' parkrun Group

Once you have created your parkrun account (or if you already have one), go to www.parkrun.com/signin/

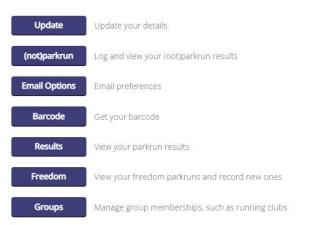
Enter your ID number and password and click "OK"

signin		
Sign in to you	ır parkrun profile	
parkrun ID	A	
Password	Ì	
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## Select "Groups"

## parkrun profile

Profile for:



Enter "Monash" in "Search for group" field; select "Monash Blues Football Club (AU)" from drop-down and hit "Join"

## Groups

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Monash Blues Football Club (AU)	
Monash Health (AU)	
Search for group	0

Upon successful completion, "Monash Blues Football Club (AU)" should appear in your "Group Memberships" list

If you are a member of more than one group you can choose to make the Ashes your primary group or not