Join the Ashes' parkrun Group

Once you have created your parkrun account (or if you already have one), go to www.parkrun.com/signin/
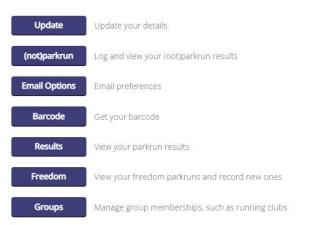
Enter your ID number and password and click "OK"

Select "Groups"

Enter "Monash" in "Search for group" field; select "Monash Blues Football Club (AU)" from drop-down and hit "Join"

Upon successful completion, "Monash Blues Football Club (AU)" should appear in your "Group Memberships" list

If you are a member of more than one group you can choose to make the Ashes your primary group or not